



## The Short-handed Sailing Association of Australia Inc

# Two Islands Race Sydney—Bird Island—Flinders Islet--Sydney Short Handed Yacht Race

## Sailing Instructions

Start 1000 hours Saturday 16<sup>th</sup> October 2010

**Note:** This race is Race Eight of the 2010 Winter Series. Results for the race will be calculated under handicap/divisions as advised in the Notice of Race.

### 1 Race Rules

- 1.1 This race will be governed by the:
- 1.1.1 The rules as defined in the 2009-2012 Racing Rules of Sailing (RRS) of the International Sailing Federation (ISAF),
  - 1.1.2 The International Regulations for Preventing Collisions at Sea, when applicable,
  - 1.1.3 The Marine (General) Regulation 2009,
  - 1.1.4 The Boating (Safety Equipment) Regulations NSW,
  - 1.1.5 The Notice of Race and as modified by these Sailing Instructions.
- 1.2 Specific attention is drawn to RRS Fundamental Rule 4, which states:
- The responsibility for a boat's decision to participate in a race or to continue racing is hers alone.**
- 1.3 No means of propulsion may be used other than the force of the wind on sails and/or the manpower of the crew. No form of powered handling device may be used when the yacht is underway, regardless of the source of power, other than:
- 1.3.1 electrical/hydraulic or wind powered self steering systems,
  - 1.3.2 hydraulically operated mast jacks, stays and vang,
  - 1.3.3 pumps to fill transfer and exhaust water ballast.
- Note: the above amends RRS Rule 42**
- 1.4 Radar and electronic charting/navigation systems are allowed. Canting keels and rotating masts are permitted, canting masts are not.
- 1.5 The crew is limited to two people, or three without autopilot. All crew shall be a minimum of 18 years of age as of the day of the race.
- 1.6 Competitors must carry out a radio check with the designated radio vessel on VHF 16 / 73 within the hour prior to the start, with both the fitted and handheld VHF radios. Any yacht that fails to communicate to the satisfaction of the designated radio vessel will not be considered as starting in the race. Further radio sked/details will be provided at the race briefing.
- 1.7 The competitors have no right to expect or demand that rescue operations or other assistance be extended to them during any race. It is expected that safety permitting, a competitor go to the aid of another competitor in distress.
- 1.8 The SSAA burgee should be flying at all times while racing.
- 1.9 Competitors seen dumping rubbish overboard shall be disqualified

### 2 Safety

As stipulated in the Notice of Race.

Note: The SSAA, its committee and members (SSAA) take no, and disclaims all, responsibility for the safety of any person, and all competitors participate voluntarily and at their own risk. All liability to any person is hereby disclaimed and by starting in the race pursuant to these Sailing Instructions, all competitors, their heirs and assigns accept and adopt by conduct these limitations and disclaimers. The SSAA merely provides facilities for the conduct of a race, such as provision of a starting line, finishing line and certain administrative services such as tabulation of results and handicap calculations. The SSAA is not responsible for the weather, sea state, seaworthiness of any vessel or the competence of its crew who all participate at their own risk in full knowledge that sailing in general and short handed sailing in particular can be dangerous including leading to death. No warranty or representation is made as to any of the foregoing merely by the fact that the race has been started and not postponed or abandoned. The decision to start or continue in the race is one entirely for an individual competitor.

### **3 Entries**

- 3.1 Eligible yachts may enter by lodging the Entry Form with the SSAA by midday 12th October 2010. Early entries are encouraged.
- 3.2 Eligible competitors shall be single or multihulled yachts of 6.5 metres/21.67' – 18m/60' LOA, with a crew of 1, 2 or 3 people. If crewed by 3 people, use of autopilot is not permitted and a 5% handicap penalty shall be applied.
- 3.3 All crewmembers must be over 18 years of age.
- 3.4 All crewmembers must be competent in the practice of ocean navigation and competent to take over complete charge of the yacht in an emergency.
- 3.5 The crew must have supplied:
  - 3.5.1 A current YA Category 3 Equipment Audit or higher,
  - 3.5.2 A summary of previous yachting experience of both crew members together with supporting evidence in each case,
  - 3.5.3 A clear beam-on photograph of the entered vessel
  - 3.5.4 A picture of their vessel for publicity purposes in an electronic format suitable for posting on the SSAA website.

### **4 Race Briefing and Changes in Sailing Instructions**

A briefing will be held at Sydney Amateur Sailing Club on Thursday evening 13th October at 1900 hours. At least one person from each crew must attend. Information supplied at the briefing will form part of the Sailing Instructions. After the briefing any change in Sailing Instructions will be notified by the designated radio vessel as part of the routine position reporting.

### **5 Race Schedule and Start**

- 5.1 The race is expected to start at 1000 hours on Saturday 16th October 2010. The start may be postponed at the discretion of the Race Committee.
- 5.2 The Start Line will be in Sydney Harbour, between the lighthouse off Grotto Point, and the flagstaff of the committee vessel, flying a SSAA Burgee, in Hunter Bay, generally located S to SW of the lighthouse. If there is no Committee Vessel on station by 1150 hours then the Start Line shall be the Lighthouse off Grotto Point and the end of the wharf at HMAS Penguin (see Appendix A).
- 5.2 The Committee Vessel will be flying the S.S.A.A. burgee. All yachts intending to start must pass close to the Committee Vessel so that they can report in and the Committee will recognise them as starters.
- 5.3 Starting Signals

Postponement Signal - Answering Pennant.

Postponement to a later day - Answering Pennant over Code Flag "A".

Warning Signal - Numeral Pennant 1 displayed

Preparatory Signal - Code Flag "P" displayed.

Starting Signal - Both flags lowered.

The warning, preparatory and starting signals shall be at five minute intervals. No protests regarding the timing of the signals shall be allowed, the starting signal shall determine the start time of the race. In the case of a postponement the warning signal will be made one minute after the answering pennant is lowered. The visual signals may be accompanied by a sound signal but the timing of the visual signals shall be the timing of the signals.

- 5.4 Race Time for the entire race, including starting and finishing will be coordinated with Eastern Standard Time - telephone 1194, no earlier than 24 hours prior to the race, or from a GPS receiver.

- 5.5 Any yacht over the start line after the preparatory signal must go around the start-boat end of the line to start.
- 5.6 All yachts using their motor for propulsion after the preparatory signal must do a 360-degree turn, under sail, before starting.
- 5.7 If there is no Committee Vessel, then the start shall be at 1000 hours precisely Eastern Standard Time - telephone 1194 or a GPS receiver.

## **6 The Course**

The Course is from the start line in Hunter Bay to Bird Island then Flinders Islet and then to the Finish Line. Both islands are marks of the course and shall be left to starboard.

## **7 The Finish**

- 7.1 A yacht will be deemed to have finished when it crosses in a southerly direction, a transit line from the Starboard hand channel marker of the western channel approx. 0.2nm east of Middle Head, to the Junction Bell. The transit line extends east of the Junction Bell; the Junction Bell is to be left to starboard.
- 7.2 Competitors must take their own finishing time and record it on the Declaration Form attached which forms part of these Sailing Instructions.
- 7.3 All competitors shall complete the attached Declaration Form in full detail and deliver as specified in the Declaration Form to the SSAA Race Committee within 24 hours of finishing.
- 7.4 In the event of a close finish, please include an estimate of the time difference to nearby boats in your finishing report.
- 7.5 All competitors shall also text or voice mail their finish times to 0414 344 914 as soon as possible after finishing.

## **8 Radio Communications**

Detailed Radio Instructions will be provided and posted on the SSAA website.

## **9 Alternative Penalties**

Yachts involved in an infringement of a Right-of-Way rule may do a 720-degree turn and proceed in the race but the committee reserves the right to impose additional time penalties or disqualification for rule infringements.

## **10 Retirements**

If a yacht retires or abandons the Race, the skipper shall be responsible for notifying the designated radio vessel at the earliest possible time. While the SSAA is not responsible for any yacht or its crew, and does not assume any responsibility to notify the authorities in relation to any yacht, the SSAA believes that competitors owe a responsibility to ensure that community resources are not needlessly spent should a yacht retire or abandon the race and not make notification of that fact.

## **11 Recalls**

No individual recall signals will be made.

## **12 Protests**

Protests will be heard, and will be treated with concern.

All protests must be made in accordance with RRS rules 60, 61 and 62 and delivered to the SSAA Race Committee within 8 hours of the protesting yachts finishing time with \$100.00 as a protest fee.

## **13 Results**

Will be calculated as soon as possible at the completion of the race and posted on the web site.

## 14 Race Office

Short-Handed Sailing Association of Australia  
P.O. Box 7033  
McMahons Point 2060

For any urgent queries contact Peter McCorquodale on 0414 344 914.

## 15 Charts

Current versions of the following charts shall be carried by all competitors as a minimum requirement:

AUS195, 197, 198, 199, 200, 204, 207, 208, 808 and 809

## Appendix A



**SHORT-HANDED SAILING ASSOCIATION OF AUSTRALIA INC.**

*DECLARATION FORM*

**I declare that the yacht \_\_\_\_\_ Sail No. \_\_\_\_\_**

has completed the Two Islands Yacht Race, completing the course as specified in the Sailing Instructions.

***I / we declare, that Race Time for the entire race, including starting and finishing has been coordinated with Eastern Standard Time (by telephoning 1194 within 24 hours prior to race start, or from an onboard GPS receiver) and was accurately recorded by me/us.***

The Finishing Time was \_\_\_\_\_ on the \_\_\_\_\_ of October 2010.

The Time elapsed is \_\_\_\_\_ hours \_\_\_\_\_ minutes \_\_\_\_\_ seconds

The Yacht in front was \_\_\_\_\_

The Yacht behind was \_\_\_\_\_

I also declare that the Yacht and Crew attempted to win only by fair sailing and individual effort and that at no time during the race was there an infringement of the Rules of the Race by the Crew or Yacht.

(Should any incident have occurred, which may contravene the Race Rules or Sailing Instructions, including failing to complete a radio sched, then a full explanation of time, place, conditions and reasons will be shown overleaf or accompanied by a further letter of explanation.)

***Signed***

Skipper.....

***Signed***

Crew.....

Date .....

Time .....

**N.B. THIS FORM MUST BE RECEIVED WITHIN 24 HOURS OF RACE FINISH. IF YOU CANNOT PERSONALLY HAND THIS FORM IN, PLEASE PHONE 0414 344 914 WITH THE DETAILS ABOVE & FAX TO (02) 9660 5648 WHEN CONVENIENT. FAILURE TO SUBMIT THIS INFORMATION WILL RESULT IN BEING SCORED DNF FOR THE RACE.**

Comments: